FIRST CHOICE
MOBILE NOTARY & APOSTILLE

(866) 828-6856
Book an Appointment Online
www.firstchoicemobilenotary.com

# How to Complete Your Washington Proof of Life Affidavit

Proof of Life (Certificate of Existence)

**INSTRUCTIONS — KEEP FOR YOUR RECORDS. DO NOT ATTACH THIS PAGE TO YOUR DOCUMENT.**

**About this form.** Foreign pension systems and benefit agencies often require a notarized statement each year that the recipient is alive. The notary confirms your identity in person.

1. **Bring the agency's own form if it has one**
   Many pension agencies supply their own life certificate. A notary can complete that form instead, or use this one.
2. **Fill in your benefit details (Page 1)**
   Enter the agency, your account or pension number, and your passport details.
3. **Appear in person**
   You must appear before the notary in person. We visit homes, hospitals, and care facilities.
4. **Sign under oath before a notary**
   Do not sign ahead of time. Sign in front of the notary, who will place you under oath. Bring a current, government-issued photo ID.

## After It's Signed

- Send the original to the agency by its deadline. Some agencies require an apostille.
- For use in another country, the notarized document may need an apostille from the Washington Secretary of State. We can handle this for you.

## Need a Notary? We Come to You.

Homes • Hospitals • Care Facilities • Offices • Available Anytime
Mobile notary and apostille services.

**Washington-Commissioned Notaries**

SCAN TO BOOK

**Questions about this document? Talk to an attorney.** Gavrilov & Brooks Law Firm has attorneys licensed in multiple states. Phone and video consultations are available, wherever you are. **(916) 504-0529** · **www.gavrilovlaw.com**

This form is provided as a free convenience. First Choice Mobile Notary & Apostille is not a law firm, and a notary public who is not an attorney cannot give legal advice or help you decide what to write on this form. These instructions are general information only and are not legal advice. If you have questions about your situation, consult a licensed Washington attorney. © 2027 First Choice Mobile Notary & Apostille. All rights reserved. This form may be filled in and printed for personal use; it may not be copied, altered, or redistributed for commercial purposes.

YOUR FORM BEGINS ON THE NEXT PAGE

# PROOF OF LIFE AFFIDAVIT

**Affiant:**

Full legal name | Date of birth (optional) | Telephone

Residence address (street, city, state, ZIP)

Before me, the undersigned notary, on this day personally appeared the affiant named above, who, being by me first duly sworn, upon oath stated:

1. I am alive and personally appeared before the undersigned notary on the date below.
2. I am the beneficiary of the following pension or benefit:

Paying agency or institution and country | Pension or account number

3. My identity was established by the following identification:

Type of ID (passport, other) | Number | Issuing country

4. (Check if applicable.)

I am married to:

Name of spouse

I swear (or affirm) under penalty of perjury that the facts stated in this affidavit are true and correct and within my personal knowledge.

Affiant's initials: _____



© 2027 First Choice Mobile Notary & Apostille • (866) 828-6856 • firstchoicemobilenotary.com

Date

X

Signature of affiant

Printed name

**JURAT**

**STATE OF WASHINGTON )**
**COUNTY OF ) ss.**
**)**

Subscribed and sworn to (or affirmed) before me on

Date

by (name of affiant)

X

Notary Public

(Notary seal)

Notary's printed name

Title (Notary Public, State of Washington)

My commission expires



© 2027 First Choice Mobile Notary & Apostille • (866) 828-6856 • firstchoicemobilenotary.com